Demand-Control Schema

Based on the Demand-Control Schema for Interpreting developed by Robyn Dean and Robert Pollard

An overview by Helen Eby, Gaucha TI

Outline for discussing challenging situations

Demands

Challenges the interpreter has to meet.

- Linguistic
- Environmental
- Interpersonal
- Intrapersonal

All interpreters meet the same demands.

The demands simply are. In other settings they would be called requirements, specifications...

Controls: they result in new demands!

The interpreter's

- Skills, knowledge, experience
- Decisions and actions
- Tools

Characteristics:

- Range from liberal to conservative
- There are many good controls for each demand.

Timing:

- Pre-assignment
- During the assignment
- Post-assignment

Questions:

- How does this control affect the goal of the session?
- What new demands does this control create?
- Is this control consistent with the goal of the environment?

Pre-assignment Controls	Environmental Demands	Interpersonal Demands	Assignment Controls
Controls that are employed before or in the preparation for the formal assignment Education Formal (ITP) Informal	chemicals and odors, seating arrangements/sight lines, lighting quality, visual distractions, background noise, space – people, furniture, equipment) Goal/Purpose of setting Terminology	 Power & personal dynamics Communication style and goals Emotional tone or mood Role & cultural differences Communication flow (turn-taking, etc) Relationship nuances (new, familiar, intimate, tension, power, etc) 	Controls that are employed during the interpreting assignment Acknowledgments Self-talk
ExperienceWork-relatedPersonal	 Personnel/Clientele (Who's present?) SAFETY Paralinguistic Demands 	"thought worlds" Intrapersonal Demands	Direct InterventionsAdjusted Translations
 Direct Preparation for the assignment Contacts Team Interpreter Consumers 	 Idiosyncrasies of speaking/signing Volume/Sign Space Pace Accents/Regional Signs Clarity of speech/signs 	 Feelings or ruminations one may have about own safety, interpreting performance, liability, the people and the dynamics, the environment Physiological distractions 	Prior Relationships
Materials/Readings	Physical positionPhysical or cognitive limitations	 Psychological responses or distractions Availability of supervision and support Anonymity and isolation 	Role Metaphors

Post-Assignment Controls

Controls that are employed after the assignment

- Debriefing/Venting with support system
- > Self-Care
- Follow-up with people involved, with further education, with referring party
- > Supervision: Formal with supervisor; Informal with colleagues

Based on the Demand-Control Schema for Interpreting developed by Robyn Dean and Robert Pollard (graphic by Lentha Zinsky)

Context for discussion

This is just a framework for interpreters to have discussions about issues that come up in interpreting settings.

Using this framework helps keep the focus on learning from the situation without breaking confidentiality.

All participants must be committed to confidentiality, respecting all parties (those present and those being talked about).

This discussion happens within the framework of the ethical canons and standards of practice of our profession.